



## Ministry of Health - Belize



### OVER THE COUNTER MEDICATIONS FOR GENERAL SALE

Drug	Strength/Presentation	Category
Acetylsalicylic Acid	325 mgs and lower doses	General OTC
Paracetamol	500 mgs and lower doses	General OTC
Paracetamol syrup	120 mg - 160mg/5ml	General OTC
Paracetamol Chewable	80 mg	General OTC
Ibuprofen	200 mg and lower doses	General OTC
Aluminum & Magnesium	Oral solution	
Aluminum or magnesium Hydroxide/Simethicone	320 mg	General OTC
Bismuth subsalicylate	Tablets	General OTC
Dextromethorphan	10 mg	General OTC
Eucalyptus & Menthol	drops	General OTC
Eucalyptus & Menthol	Rubbing vapor	General OTC
Neomycin & Bacitracin	Ointment	General OTC
Normal Saline 0.9% Drops	Drops	General OTC
Oral Rehydration Salts	Salt/ Liquid	General OTC
Senna laxative	Caplets	General OTC
Mineral Oil		General OTC
Petroleum Jelly		General OTC
Lubricating Jelly		General OTC
Magnesium Sulphate	Salt/ Liquid	General OTC
Isopropyl Alcohol	70% & under	General OTC
Zinc Oxide Cream		General OTC
Theobroma Oil (Cocoa Butter)		General OTC
Aloe Vera Gel		General OTC
Methyl salicylate		General OTC
Vitamins (oral)	Presentation for adults	General OTC
Antihistamine/anti-inflammatory/decongestant/cough suppressant	Mixed combination for adults	General OTC

**DEFINITION OF THE GENERAL OVER THE COUNTER (OTC) MEDICATIONS: MEDICATIONS THAT ARE SAFE ENOUGH TO BE USED BY THE CONSUMER WITH LITTLE TECHNICAL ADVICE FROM A HEALTH PROFESSIONAL AND NOT REQUIRING A PRESCRIPTION.**

*\*Note that this is a provisional **first list** and the Office of the Director of Health Services will be reviewing this list continuously while making necessary modifications as we aim to keep the safety of the consumer as our primary principle.*

